Coltie Volleyball Competition: Rule Book

Eligibility:

- Open only to ISU students and faculty.
- First 10 registered teams accepted.
- Team size: 6 players on court + 2 substitutes.
- Mixed-gender rule: At least 2 players of another gender must be on court at all times (substitutes not counted).
- Teams failing to meet gender rule will forfeit.

Format:

- Group stage: single set to 21 points (rally scoring, win by 2).
- Finals: best of 3 sets (each set to 15 points, win by 2).

Rotation & Substitution:

- Standard clockwise rotation.
- Maximum 2 substitutions per set.
- Substitutes may rotate in during service change.

Serving & Play:

- First serve decided by coin toss.
- Max 5 consecutive serves per player.
- Standard volleyball rules apply (no double touches, lifts, or net contact).

Conduct & Safety:

- Respect referees and opponents.
- Rough play, disrespect, or unsafe actions = disqualification.
- Mixed-gender rule strictly enforced.

Prizes:

• Winning team will receive Coltie T-shirts.